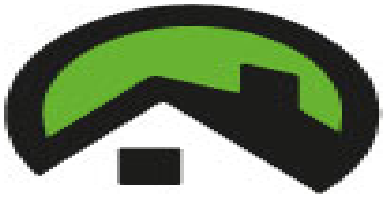# A LOUER